

THE OTAGO MASONIC CHARITABLE TRUST and
THE PEEL FOREST OUTDOOR CENTRE

“Eddy Out” YOUTH ADVENTURE PROGRAM

9 to 16 DECEMBER 2023

8 Days of learning, making friends, personal development and fun

The ‘**Eddy Out Program**’ – was devised to provide participants with a once in a lifetime opportunity to engage with the wilderness. Also by this program, developing themselves and their ability to relate to, and work with others. The program will push participants beyond their comfort zones and provide strong shared experiences to last a lifetime, while enjoying themselves.

Ultimately, it is hoped to show participants that they can achieve more than they perceived and believed, inspire them to push harder, lean on the team, hold each other up and value the wilderness.

All while eating good food and enjoying good company with new friends.

The name ‘**Eddy Out**’ refers to paddling a river. We often pull into the calm water on the side for a breather. Once there the idea of eddying out back into the flow can be very daunting. This analogy very easily relates to life. ‘Eddy Out’; take on a new challenge, lead a team, be part of a team, complete a journey you may not think possible. The program will provide many opportunities to step out within a supportive environment, learning skills that can last a lifetime. And let’s not forget the incredible wild places that we will visit on that journey.

The Program is provided by the **Otago Masonic Charitable Trust**,
and delivered by the **Peel Forest Outdoor Centre**.

About the Peel Forest Outdoor Centre

Established from humble beginnings in 1994. Peel Forest Outdoor Centre is located next to Peel Forest Park Scenic Reserve in South Canterbury, adjacent to the Rangitata River and at the foothills of the Southern Alps.

We aim to provide opportunities for all to experience, learn and grow. Our safe, affordable, and quality outdoor and environmental programmes are designed to educate, challenge and inspire

Peel Forest Outdoor Centre – Eddy Out Program 9th to 16th December 2023

Example; below was the 2022 Course programme as decided by the instructors and the course participants.

Day 1

Arrive. Meet & Greet, settle in.

Evening – Games Night – A great way continue breaking the ice

Day 2

Low Ropes and High Ropes – Day of personal and Team Challenges. Good way to ease the team into the outdoors and begin building trust and rapport.

Evening – Inspirational Presentation by a PFOC Staff Member, might be an expedition, journey or another inspirational topic

Day 3

Orari Adventure Day – Big Abseil into a gorge beside the Orari River followed by working as a team to learn river safety skills.

Afternoon and Evening – prepare and pack for a Multiday Tramp.

Days 4-6

Out there sauntering in the mountains. There are many options available to us. We will choose a route in the Canterbury foothills and mountains that suits the group. The trip may include 2 nights at the same hut or camp site if appropriate. There is an option to add rock climbing into the over night expedition with a keen enough group.

Day 7

Final Team adventure Rafting the Rangitata River right beside Peel Forest. The aim would be for the students to self-guide. This means the instructor after giving the raft training will step off the rafts and kayak along side.

Day 8

Final Team Breakfast - Debrief/review - Depart at 11am

Transport;

Participants are expected to make their own way to and from the Peel Forest. Arrangements can be made to meet the bus in Geraldine, and the OMCT will assist with information about car pooling.

COST;

The Cost for each participant is only **\$100**.

The balance of the cost of the Program will be met by the Trust.

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